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# The Impact of Sedative Hypnotic Drugs on Hallucinated Sexual Assault or Sexual Fantasies Involving Health Professionals: A Systematic Review

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# Why is this article important to you?

Sexual assault is one of the main causes of posttraumatic stress disorder and can also lead to anxiety, depression, panic and/or suicidal thoughts. Victims of sexual assault must deal with their autonomy being violated as well as the risk of physical injury, sexually transmitted diseases or pregnancy. Sedative hypnotic drugs have been used to facilitate sexual assault by reducing consciousness, motor control and/or decision-making ability of victims. This article discusses the rare but serious occurrence of sedative hypnotic drug–induced sexual thoughts. At the conclusion of this activity, learners will be able to explain the variables that influence one's susceptibility or chances of having these hallucinations or dreams when using sedative hypnotic drugs including benzodiazepines, propofol, nitric oxide, ether, chloroform, ketamine or esketamine.

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# **ACPE Accreditation Statement**

The American College of Clinical Pharmacology<sup>®</sup> is accredited by the Accreditation Council for Pharmacy Education (ACPE) as a provider of continuing pharmacy education.

UAN: 0665-0000-23-030-H01-P- ACPE 1 Contact Hours

Activity Type: Knowledge-based Format: Home-study Target Audience: 'P'



# **ACCME Accreditation Statement**

The American College of Clinical Pharmacology<sup>®</sup> is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

# **ACCME Designation Statement**

The Accreditation Council for Continuing Medical Education designates this journal CE activity for 1 *AMA PRA Category*  $1^{TM}$  credit. Physicians should only claim credit commensurate with the extent of their participation in the activity.

# **Target Audience**

Interprofessional team of Physicians, General Clinicians, Pharmacists and PhDs interested in sedative hypnotic drugs and the implications of their use.

### Learning Objectives

After completing this activity, the learner will be able to:

- 1. Explain what drugs are capable of causing these types of responses;
- 2. Articulate the dose-response relationship;
- 3. Explain what variable(s) (sex, age, race, body size etc.) may influence one's susceptibility of having these hallucinations.

# **Requirements to Receive Credit**

To receive continuing education credit, the learner must register for the educational activity, study the provided journal article and complete the online learning Post-event Self-assessment, as well as the online course Evaluation and CME/CPE Certificate. Credits and CME/CPE Certificates must be claimed

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#### **Disclosures:**

Article Selection:	Joseph S. Bertino Jr, PharmD, Editor-in-Chief, <i>The Journal of Clinical Pharmacology</i> , planner for this educational activity, has no relevant relationship(s) with ineligible companies to disclose.
<u>Planners</u> :	Cody J. Peer, PhD, Staff Scientist, National Cancer Inst, has no relevant relationship(s) with ineligible companies to disclose.
<u>CE Reviewer</u> :	Michael W. Jann, PharmD, Professor, Univ of North Texas System Coll of Pharmacy has no relevant relationship(s) with ineligible companies to disclose.

#### **Schedule & Fees**

JCP monthly Journal CE articles are generally released on the 1<sup>st</sup> or 2<sup>nd</sup> Tuesday of each month. They are priced in packages of January to December for each year. Packages are available at no cost to ACCP Members and \$75/calendar year to Non-members. Once you register, you have access to all of the Journal CE articles for the calendar year.

#### Acknowledgment of Financial Support

No financial support was received for this educational activity.

#### Home Study Initial Release and Expiration Dates

Date of Issuance: 07/01/2023 Expiration Date: 07/01/2026

#### **Reporting CPE Credits to ACPE Monitor**

Learners seeking CPE credit must also provide ACCP with their National Association of Boards of Pharmacy (NABP) Profile Number and the month and day of their birth via email to <u>CE@ACCP1.org</u>. The NABP Profile Number and birthday information is required for ACCP to transmit CPE credit information via the CPE Monitor.

#### **System Requirements**

For best visual quality, we recommend viewing the Journal CE in the Chrome browser. If you do not have Chrome, you can download it <u>here</u>.

#### Helpful Tips

Download the article and access the Self-assessment Post-test, Evaluation and Certificate here.

Learn how to print your CME/CPE Certificate here.