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Blood Pressure Control Following Angiotensin-Converting Enzyme Inhibitors and Angiotensin II Receptor Blockers: Insights from a Triple-Blind, Randomized, Clinical Trial

November 2023 – *The Journal of Clinical Pharmacology* (JCP)

Why is this article important to you?

Learners that complete this CE activity will be able to understand the results of replacing angiotensin-converting enzyme inhibitors (ACEIs) or angiotensin receptor blockers (ARBs) with calcium channel blockers (CCBs) with or without alpha and beta blockers to control high blood pressure in patients.



ACPE Accreditation Statement

The American College of Clinical Pharmacology® is accredited by the Accreditation Council for Pharmacy Education (ACPE) as a provider of continuing pharmacy education.

UAN: 0665-0000-23-036-H01-P– ACPE 1 Contact Hours

Activity Type: Knowledge-based **Format:** Home-study **Target Audience:** 'P'



ACCME Accreditation Statement

The American College of Clinical Pharmacology® is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

ACCME Designation Statement

The Accreditation Council for Continuing Medical Education designates this journal CE activity for 1 *AMA PRA Category 1™* credit. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Target Audience

Interprofessional team of Physicians, General Clinicians, Pharmacists and PhDs interested in increasing general knowledge regarding the risk vs. benefit profile on NSAID use, specifically ibuprofen in patient populations.

Learning Objectives

After completing this activity, the learner will be able to:

1. Understand how to replace Angiotensin Converting Enzyme Inhibitors (ACEIs) or Angiotensin Receptor Blockers.
2. Set expectations with the patient when ACE inhibitors or ARBs are replaced with an alternative hypertensive medication such as CCB's or alpha and beta blockers.
3. Know how to go about withholding and switching over from Renin Angiotensin system (RAS) inhibitors when such medications could be harmful in conditions such as Acute Kidney Injury (AKI) or Surgery.

Requirements to Receive Credit

To receive continuing education credit, the learner must register for the educational activity, study the provided journal article and complete the online learning Post-event Self-assessment, as well as the online course Evaluation and CME/CPE Certificate. Credits and CME/CPE Certificates must be claimed within thirty (30) days of completing the article, Post-event Self-Assessment and Evaluation. Contact CE@ACCP1.org with any questions.

Disclosures:

Article Selection: Joseph S. Bertino Jr, PharmD, Editor-in-Chief, *The Journal of Clinical Pharmacology*, planner for this educational activity, has no relevant relationship(s) with ineligible companies to disclose.

Planners: Aabha Bamba, MD. MPH, Senior Clinical Trial Manager, Neptune Medical Inc has no relevant relationship(s) with ineligible companies to disclose.

CE Reviewer: Gwendolyn Pais, BPharm, PhD, Research Assistant Professor, Midwestern Univ has no relevant relationship(s) with ineligible companies to disclose.

Schedule & Fees

JCP monthly Journal CE articles are generally released on the 1st or 2nd Tuesday of each month. They are priced in packages of January to December for each year. Packages are available at no cost to ACCP Members and \$75/calendar year to Non-members. Once you register, you have access to all of the Journal CE articles for the calendar year.

Acknowledgment of Financial Support

No financial support was received for this educational activity.

Home Study Initial Release and Expiration Dates

Date of Issuance: 11/01/2023

Expiration Date: 11/01/2026

Reporting CPE Credits to ACPE Monitor

Learners seeking CPE credit must also provide ACCP with their National Association of Boards of Pharmacy (NABP) Profile Number and the month and day of their birth via email to CE@ACCP1.org. The NABP Profile Number and birthday information is required for ACCP to transmit CPE credit information via the CPE Monitor.

System Requirements

For best visual quality, we recommend viewing the Journal CE in the Chrome browser. If you do not have Chrome, you can download it [here](#).

Helpful Tips

Download the article and access the Self-assessment Post-test, Evaluation and Certificate [here](#).

Learn how to print your CME/CPE Certificate [here](#).
